

GOOD VIBES

COCKTAILS

Solace
RESTAURANT
& Lounge

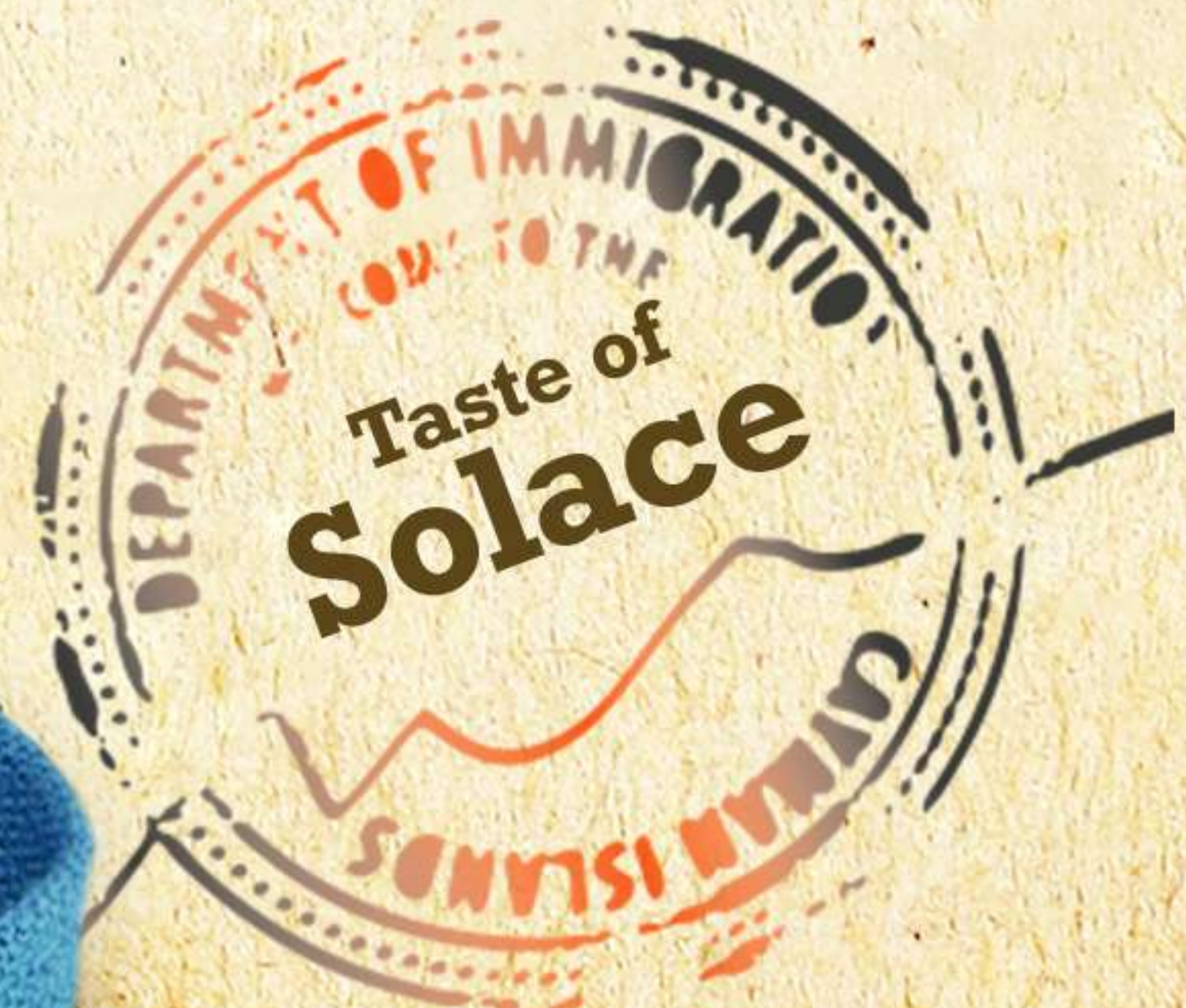
MENU



GREAT FOOD

MUSIC

RUM



GRASS ROOTS

Being Healthy, Can still be tasty!

JERK CHICKEN SALAD \$1800

Succulent diced jerk chicken with crisp lettuce, tomatoes, cucumber, sweet peppers, carrots, cabbage & parmesan cheese

GARDEN SALAD \$1200

Lettuce, tomatoes, cucumber, carrot & cabbage.

MEGA SALAD \$1700

Mixed greens, tomatoes, bell peppers, cheddar cheese, slivered almonds & dried sweet cranberries

SALAD ADD ONS:

Chicken \$750 • Shrimp \$1350 • Tofu \$750
Chickpeas \$750 • Salmon \$1350

CHOICE OF DRESSINGS:

Champagne Vinaigrette, Ranch, Blue Cheese, Thousand Island

BUNS OUTS

Includes a choice of french fries or side salad

GRILLED JERK BEEF BURGER \$1800

Our fire-grilled patty smothered in our house jerk sauce topped with cheddar cheese and tucked between toasted buns.
*Spicy - (Jerk sauce optional)

CRISPY FISH BURGER \$1700

Seasoned breaded deep fried fish fillet paired with a jerk aioli

SURF & TURF BURGER \$2100

Juicy burger topped with melted swiss cheese & grilled shrimp
Surf with us at Solace on the blue sea with our Surf and Turf Burger seasoned to perfection in warm toasted buns

SALMON BURGER \$2550

Salmon cooked to perfection with melted swiss cheese & our secret sauce.



PICKINGS

COCONUT CRUSTED SHRIMP WITH SPICED PINEAPPLE RELISH \$2200

Spiced shrimp breaded with coconut flavoured breadcrumbs paired with a pineapple relish

CHICKEN WINGS

Marinated in our home-made seasoning for 12 hours our flats and drums floured, fried and flavored with your sauce of choice

**Solace Signature BBQ • Sweet & Spicy
Plain • Buffalo (Spicy)**

½ Order (4 pcs) \$900 Full order (8 pcs) \$1750
(12 pcs) \$2600

STAMP N' GO \$750

Saltfish in a seasoned batter, fried golden. Served with a hot escovitch sauce Can never go wrong with saltfish especially if you're Jamaican. Never!

VEGAN FRITTER \$700

Never forgetting our vegans Golden brown veggie pouch fried in our corn oil to perfection

POCKET PIZZA \$1200

SOLACE PLATER (Serves 4) \$3200

Spring rolls, chicken wings, stamp n' go, encrusted shrimp seasoned down to the last tingle of flavour our platter will have you dancing.

SOUP OF THE DAY (Ask your server) \$500

Our soup is made in house with only farm fresh ingredients



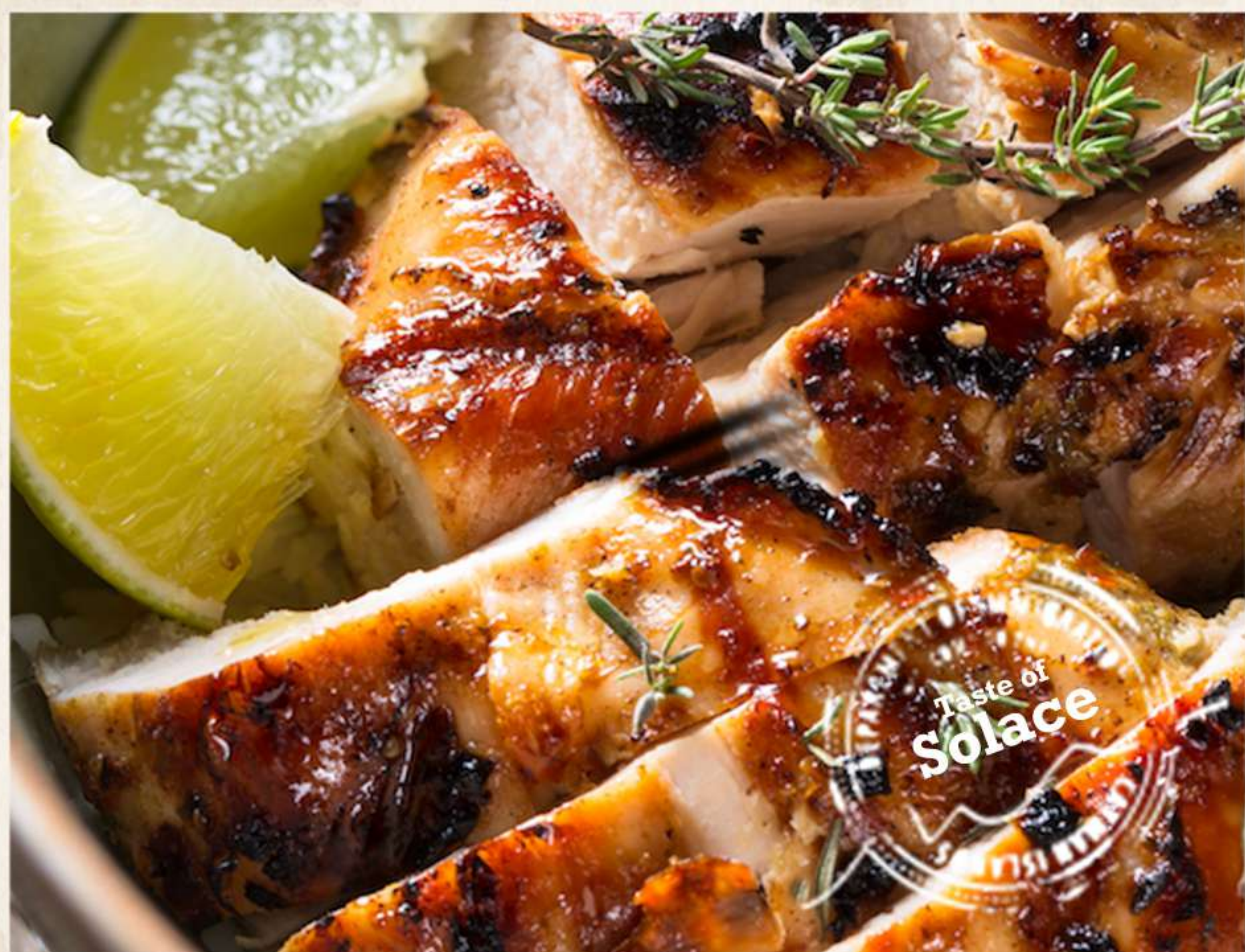
Allergy Alert: Please advise your server of any food allergies. Thank you :-)

Please note the prices do not include G.C.T (General Consumption Tax)

Tel: 876-677-1661 Email:solace.restaurant876@gmail.com

Thank You For Coming To Solace Restaurant & Lounge

FOLLOW US @f
SOLACE.RESTAURANT.LOUNGE



PACKED SLICES

Includes a choice of french fries or side salad

Everything Is Better Between Slices

TRIPLE CLUB SANDWICH \$2000

Jerk chicken, bacon, cheese, lettuce, tomato, jerk mayo

SOLACE WRAPS

Includes a choice of french fries or side salad

Get all wrapped up in the love of Solace's chefs through your choice of wrap

VEG WRAP \$1500

JERK PORK \$1800

JERK CHICKEN \$1700

SHRIMP \$2000

ADD ONS: \$150

Cheddar Cheese • Bacon • Sauteed Onions • Pineapple • Escovitch Sauce

ARE YOU VEGAN ? NO MEAT 'NO PROBLEM MON'

SPICY TOFU \$2000

(Spicy/Curry coconut)

Tofu sauteed with onions and bell peppers in corn oil

CHICKPEAS \$1700

(Spicy/Curry coconut)

Chickpeas simmered in a lightly spiced rich curry coconut sauce. What more do the vegans need?

BELLY BUSTER

Includes steam or fresh vegetables & one(1) side order

JERK CHICKEN \$1800

Seasoned to the bone our succulent chicken is jerked to perfection with our signature homemade jerk sauce

FISH YAAD STYLE \$2600 (1LB)

Nothing beats a yaad style fish seasoned and prepared to your liking. Prepared with corn and crackers (Except escovitch style)

Steamed • Brown stewed • Foil roasted • Escovitch

Ranges from 1 lb - 3lbs, sizes are averaged & may vary slightly (Please allow 30mins) (Please note this excludes side order)

BRAISED OXTAIL \$3000

WITH BROAD BEANS & SPINNERS

Delicious oxtail braised with broad beans in a flavorful and spiced gravy

JERK PORK \$2000

Rubbed with our signature jerk seasoning and slow cooked to perfection, this pork is bursting with savory, spice and slightly sweet Jamaican flavors

CURRIED GOAT \$1900

Insanely delicious slow-cooked Jamaican spiced curry that is full of flavor and tender to the bone!

SHRIMP DONE YOUR WAY \$2550

Enjoy our scrumptious shrimp with local seasonings and spices done your favorite way.

Curry • Garlic • Fried • Curry Coconut

LOBSTER DONE YOUR WAY (Seasonal) \$5000

Chunks of lobster done the way you like with a special touch from us here at Solace.

Curry • Garlic • Grilled • Curry Coconut

CONCH DONE YOUR WAY (Seasonal) \$2500

A bold, flavorful dish of tenderized conch meat, cooked down in a spicy curry sauce.

Curry • Garlic • Jerk • Curry Coconut

GRILLED SALMON \$4000

Perfectly seasoned salmon fillet flamed to perfection then finished off in the oven glazed with our Appleton infused bbq jerk sauce or Solace white wine infused sauce.

SOLACE TURF & SURF BBQ SPARE RIBS WITH GRILLED SHRIMP \$6200

Marinated ribs in our home-made seasoning and baked to perfection in our signature sauce BBQ sauce paired with succulent grilled shrimp

Allergy Alert: Please advise your server of any food allergies. Thank you :-)

Please note the prices do not include G.C.T (General Consumption Tax)

Tel: 876-677-1661 Email:solace.restaurant876@gmail.com

Thank You For Coming To Solace Restaurant & Lounge

FOLLOW US @  
SOLACE.RESTAURANT.LOUNGE

PASTA... "YOU SAY, YOUR WAY"

Your choice of chicken, shrimp or lobster with penne pasta tossed in our signature creamy alfredo or marinara sauce

CHICKEN ALFREDO	\$2300
SHRIMP ALFREDO	\$2900
LOBSTER ALFREDO	\$3300

(*Excludes side order)



SIDES \$400

- RICE & PEAS
- CORN ON THE COB
- FRENCH FRIES
- SEASONED FRIES
- SAUTEED VEGETABLE
- CREAMED HERB POTATO
- PLANTAIN (GREEN / RIPE)
- BAMMY (STEAMED / FRIED)
- FESTIVAL
- ROTI

HIDDEN CRAVINGS

If you have a sweet tooth you're at the right place.

CHEESECAKE (Ask for today's fresh flavour)	\$1000
SLICE OF CAKE FOR THE DAY (Ask for flavour)	\$800

If you have a sweet tooth you're at the right place.



Allergy Alert: Please advise your server of any food allergies. Thank you :-)

Please note the prices do not include G.C.T (General Consumption Tax)

Tel: 876-677-1661 Email:solace.restaurant876@gmail.com

Thank You For Coming To Solace Restaurant & Lounge

FOLLOW US @  
SOLACE.RESTAURANT.LOUNGE